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NEWS RELEASE

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MARATHON MAN HOSTS CHARITY DINNER

A CARDIFF man who is preparing to run one of the toughest marathons in the world is holding a charity dinner and auction this week. (FRI 11th)

Gareth Evans, 26, from St Margarets Road in Whitchurch, is in training to run the famous 'Marathon des Sables' – a 230km run through the Sahara desert next spring – in aid of Cancer Research Wales.

He is hosting a charity dinner and auction this Friday as part of his fundraising for the charity, which funds vital research projects, doctors and scientists in Welsh hospitals.

The event will take place in the Village Hotel, Cardiff and will be attended by more than 130 people, including Cancer Research Wales patron, former Olympic athlete and current head of sport for BBC Wales, Nigel Walker.

Guests will enjoy a four course meal, followed by a charity auction of a holiday in a luxury apartment in the Spanish Algarve.

Local blues and jazz band, The Spasm Band, will entertain guests with cover versions of well – known songs.

Gareth said: "I wanted to support Cancer Research Wales, as it is a charity very close to me in many ways. Not only is it a local charity, it is poignant because so many friends and family have suffered with cancer."

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Notes For Editors

- Cancer Research Wales was formed by a board of trustees in 1966
- The charity's headquarters is at Velindre Hospital in Whitchurch, Cardiff
- All money raised by Cancer Research Wales is spent in Wales
- The money funds vital research projects, doctors and scientists in Welsh hospitals
- Cancer Research Wales also funds the only dedicated cancer research library in Wales
- The charity's patrons include Nigel Walker and Huw Edwards
- The research team is headed by Professor Malcolm Mason
- Over £3 million has been raised by the charity in the last few years alone

For more information on this press release, please contact Sarah Kilcoyne on 02920 660119 or 07974578877 or email skilcoyne@effcom.co.uk