

NEWS RELEASE

Issued on behalf of Cancer Research Wales

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BLACKWOOD TEAM ON A HIGH FOR CANCER CHARITY

A TEAM of workmates from Blackwood took on the toughest challenge of their lives - to raise money for a Welsh cancer charity.

Staff at BA Interiors, based in the Hatwin Park industrial estate, presented Cancer Research Wales with a cheque for £14,000 today (THURS Oct 13th), after completing the famous 'Three Peaks Challenge'.

The challenge was no walk in the park – climbing Britain's three highest mountains, Ben Nevis in Scotland, Scafell Pike in England and Wales' very own Mount Snowdon- all in under 24 hours!

The determined team of five trained hard for the event beforehand, with regular walks on Pen y Fan in Brecon, and a group walk up Snowdon the weekend before the big day.

Even injury didn't stop the team conquering the three mountains.

Team member Stuart Rich was unable to take part in the actual climb after breaking his ankle, but provided a valuable backbone to the group as he helped to drive them hundreds of miles between the three peaks.

Gemma Hall (Job title) was injured during the challenge, but the rest of the group managed to continue unscathed – climbing 2,709 metres and walking 41km in just one day.

Gemma said "The challenge was even more difficult than we expected, but we were determined to raise the money for Cancer Research Wales.

"Everyone has been touched by cancer in some way. Some of our colleagues are being treated at Velindre hospital where the charity is based, and some of our team have family who have been treated there."

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